To Qi or not De Qi

Is it really a question?
First, we need to understand what is De Qi.

Nan-Ching 78:

七十八难曰：针有补泻，何谓也？然：补泻之法，
非必呼吸出内针也。知为针者，信其左；不知为针者，
信其右。当刺之时，必先以左手压按所针荣俞之处，
弹而努之，爪而下之。其气之来，如动脉之状，顺针而
刺之。得气，...

Get Qi

Having acupuncture needle tonification dispersion, what does it mean?

The answer is the tonification and dispersion not only using inhalation and exhalation. Expert
the person who knows (how to use) the needle, trust the left. Beginner who does not know,
trusts the right. When one insert the needle, you must primary use the left hand and press the
point then tap the point with fingernail and Qi comes under the fingernail, you feel like some
pulsing, then you can insert the needle, Get the Qi then stick the needle in more (tonification)
The Japanese Understanding is to feel with the left.
The practitioner feels the arrival of Qi - not the patient.

Ling-Shu Chapter 35: “...find the hole between the flesh - Huang, target the Qi hole. if no target the Qi hole (if you miss it) Qi closes internally and the acupuncture needle does not get Huang. Means, Qi does not arrive (will be obtained)...”

Now, it is translated as “the one does not obtain De Qi”. But the character actually can also mean arrive, reach and obtain.

So, that is all very nice, but how do WE feel.

The Answer can be:

Through palpation (Hara, neck, back, pulse, etc.)
What is this?
The scientific method

a method or procedure that has characterized natural science since the 17th century, consisting in systematic observation, measurement, and experiment, and the formulation, testing, and modification of Hypothesis

Observation: “…if I press on this point - it hurts…”

Hypothesis: “… since it is on the Liver reflection, it might relate to the Liver function…”

Experiment: “… I shall press on Liv4 (Liver Control) and see if it changes the Pressure pain on the Liver reflection…”

Analysis: It Does!
To test the De Qi: Please press button